

## **Terms & Conditions:**

Welcome to our community. These Terms & Conditions outline the rules and guidelines for the use of our services and form the basis of the agreement between you, the user, and our company.

### **1. Community Guidelines and Service Usage:**

- When you use our services, you're agreeing to adhere to our community guidelines and treat fellow users with respect. These guidelines are designed to create a positive and safe environment for everyone.

### **2. Account Registration:**

- Certain features of our services require an account. It's important to keep your login credentials secure and not to share them with others. This helps us maintain the integrity of your personal information and our community.

### **3. Intellectual Property Rights:**

- The content, including text, graphics, and other material, is protected under copyright laws. Please refrain from copying, reproducing, or distributing any part of it without obtaining prior written permission from us.

### **4. Liability:**

- We strive to provide a secure and conducive environment for all users. However, participation in any of our services is at your own risk. We recommend consulting with a healthcare professional before engaging in activities that may impact your health.

## **Refund Policy:**

We understand that plans can change, and we have a flexible refund policy to accommodate this.

### **1. Cancellation and Refunds:**

- Should you need to cancel a class, we kindly ask that you do so at least 8 hours in advance to allow others the opportunity to participate. This helps us manage our resources effectively.

### **2. No-Show Policy:**

- Failure to show up for a class without prior cancellation will result in the class being marked as attended. This ensures fairness and availability of classes for all members.

### **3. Exceptional Circumstances:**

- In the event of unforeseen circumstances, please reach out to us at 0176968895. We value your participation and will consider refund options on a case-by-case basis.